



Week 3: Your whanau



Who is in your bubble?

Remember to post your photos/videos of the activities on seesaw.

Draw who is in your bubble at the moment?

<https://www.youtube.com/watch?v=AyVL9bH0guk>



Taha whanau (family)

Make a video, or write instructions showing me how you wash your hands.



Taha Tinana (physical body)

Make a healthy breakfast, lunch or dinner.



Taha Tinana (physical body)

Draw a picture of your house. Draw a map of where you go for walks with your bubble buddies



Taha Wairua (Spiritual well being)

Make up your own dance. In dance our purpose is to express emotions. How does your dance make you feel? Video yourself and post it to seesaw.

Taha Hinengaro (mental/emotional well being)

What time do you go to sleep? What time do you wake up? Record how many hours of sleep you got one night this week.

Taha Tinana (physical body)

Create your family tree. Can you include your Mum, Dad, grandparents? How far back can you go?

Taha whanau (family)



Do the "Go noodle bubble" dance:

[Gonoodle](https://www.gonoodle.com/)

Taha Tinana (physical body)

Watch: [Coronavirus explained](https://www.youtube.com/watch?v=...)

Taha Tinana (physical body)

How have you adapted your bubble/habitat during the lockdown?

Have you moved furniture?

Whenua (the physical world we live in)

Make your own bubbles out of soap?

[Giant Bubbles](#)

[Bubble snakes](#)

Whenua (the physical world we live in)



Explore your pepeha.

<https://www.parentingresource.nz/suporting-information/pepeha/>

Refer to the activity that will be posted on seesaw.

Taha whanau (family)

If you were a bubble where would you go?

Imagine you are a bubble floating away in the sky.

Write a story about the places you would go and the things you would see.

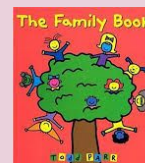
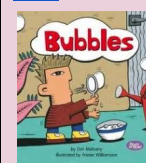
Taha Wairua (Spiritual well being)

Write a list of things you think you **need** to survive in your bubble.

Taha Tinana (physical body)



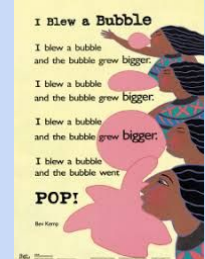
[LAE4416: The Family Book by Todd Parr](#)



GO TO APP STORE OR GOOGLE PLAY.

TYPE IN: **BUBBLES READY TO READ.**

Taha whanau (family)



Make number families:

Example for 8

2+6=8 6+2=8

8-2=6 8-6=2

Whenua (the physical world we live in)

Find things that start with the bl blend around your house.

Write these words and draw bubbles around them.

Whenua (the physical world we live in)

Drink 8 glasses of water today. Can you show 8 glasses of water in 3 different containers/jugs?



Taha Tinana (physical body)

Make some bubbles in the sink. Practice counting as high as you can go, popping the bubbles as you count.

Whenua (the physical world we live in)



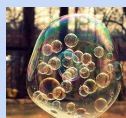
Draw a self portrait and draw 8 bubbles around your head. Write

something you like or find special about yourself or your whanau in each bubble.

Taha Hinengaro (mental/emotional well being)

Can you blow a bubble inside of a bubble?

Whenua (the physical world we live in)



Procedure writing: How to blow a bubble.

Blow a bubble, think about the first step, second step and last step.

Can you explain how to blow a bubble to somebody else?

Whenua (the physical world we live in)



Count how many different fruits and vegetables you ate during one day this week.

You could draw each different one and write whether you ate it morning, afternoon or evening.



Taha Tinana (physical body)



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Links to some of our activities:



The Family Book: <https://www.youtube.com/watch?v=AyVL9bH0guk>

GoNoodle Bubble Dance:

<https://app.gonoodle.com/activities/poppin-bubbles?s=category&t=Guided%20Dance&sid=38>

Coronavirus explained: <https://youtu.be/OPsY-jLqaXM>

How to make giant bubbles:

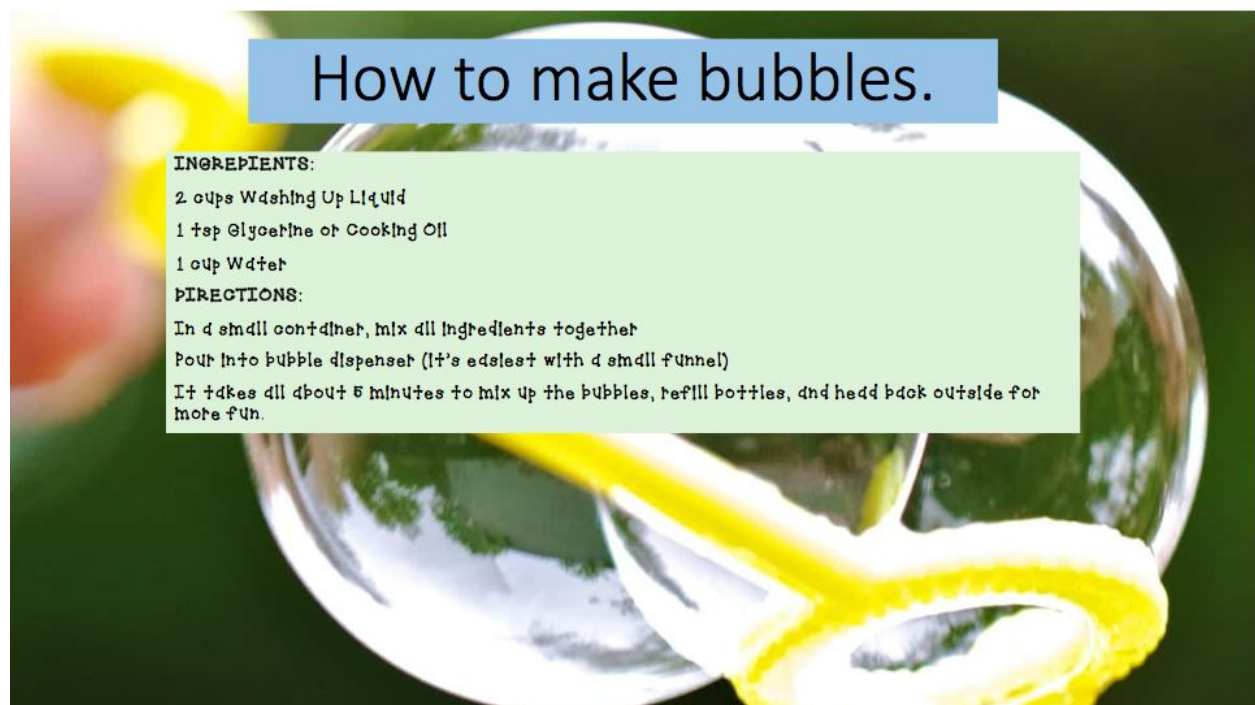
<https://www.hgtv.com/design/make-and-celebrate/handmade/how-to-make-giant-bubbles>

Bubble snakes: <https://onelittleproject.com/bubble-snakes/>

Learning your pepeha: <https://www.parentingresource.nz/supporting-information/pepeha/>

Bubbles in bubbles: <https://www.hellowonderful.co/post/awesome-bubble-science-experiment-with-kids/>

Feel free to copy to Seesaw.



How to make bubbles.

INGREDIENTS:

- 2 cups Washing Up Liquid
- 1 tsp Glycerine or Cooking Oil
- 1 cup Water

DIRECTIONS:

In a small container, mix all ingredients together
Pour into bubble dispenser (it's easiest with a small funnel)
It takes all about 5 minutes to mix up the bubbles, refill bottles, and head back outside for more fun.